Imagine unrushed off-campus time for restful guided reflection and real conversation with fellow MIIS faculty and staff about what really matters to us in our work and what we’d each like to foster more of at MIIS.

A small group of interested faculty and staff, loosely associated as the Mindfulness Working Group at MIIS, has designed just such a mini-retreat for all who would like to participate.

**The Details:**

Friday December 4, 2015

Surf n’ Sand meeting room ([map](http://www.visitasilomar.com/media/21863/Asilomar%20Grounds%20Map%202014.pdf))

Asilomar Conference Grounds, Pacific Grove

Retreat time: 1:00 pm – 5:00 p.m.

*~ Space is limited ~*

[Click here to sign up](http://sites.middlebury.edu/workshopregistration/wp-admin/admin.php?page=dls-sus-settings_sheets&action=view_signups&sheet_id=4)

We look forward to being with you there!