

Plenitud PR Permaculture Immersion Internship



This two week internship offers individual training in the practical application of sustainable living skills at our Teaching Center, located in the tropical mountain highlands of Las Marias, Puerto Rico. Our program blends hands-on work with conceptual learning, rewarding interns with education through action in an intentional community setting. This program takes the standard Permaculture curriculum (“PDC” course) to a deeper level, giving interns the guidance, practice, and confidence to become more self-reliant.

Dates: Wednesday, May 27th to Tuesday, June 9th, 2015

Cost: \$950 -- \$50 off if you register before Friday, April 10th

To apply please submit attached Waiver and Participation Form to

Intern@PlenitudPR.org or mail to:

PLENITUD PR

PO BOX 394

LAS MARIAS, PR 00660

Course Highlights:

1) Hands-On Application: You will be spending 6 hours/day learning through participating in various forms of hands-on application. This includes projects ranging from organic gardening, natural building, implementation of grey-water systems and more. You will have the opportunity to direct your learning experience, to some degree, by collectively guiding what projects we do.

2) In-Depth Workshops: We will provide a few workshops throughout the immersion that will take you deeper into various facets of Permaculture. Past topics include rainwater harvesting, Permaculture principles of design, vegetarian cooking, natural building, aromatherapy and medicinal plants, and more.

3) Living “Off-the-Grid”: The included lodging is located right on our farm and teaching center in Las Marias, Puerto Rico. You will be sleeping in tents at designated improved camp sites. Amenities include a composting toilet, outdoor showers, and more.

4) A Community Learning Experience: Your immersion experience takes place amidst our intentional community of residents with diverse interests and perspectives. There are countless opportunities for conversation, collaboration, and connection. Plenitud extends off the farm and into the community, throughout Puerto Rico, and continues internationally. We will work together to support our community during your stay. This includes taking composting, cleaning the facilities at the teaching center, and helping to prepare meals. This is your opportunity to see what communal living is all about.

Internship Fees Include:

1) Lodging, Utilities, and Food: Intern lodging will consist of camping at our Teaching Center. Tents and yoga mats are provided, but the intern must bring his/her own sleeping bag, sleeping pad, pillow, etc. It is almost guaranteed you will have tent-mates, but we are open to special sleeping requests. Plenitud will provide three meals a day and snacks. All of our meals are vegetarian (with dairy and eggs optional), and we can work around restrictions including Vegan and Gluten Free diets.

2) Education: There will be a curriculum implemented throughout the internship with the goal of deepening your understanding of Permaculture, which will include both formal class-room style instruction as well as participation in guided, hands-on projects. Additionally, we will provide daily guidance, instruction, and inspiration from our educators and program coordinators.

3) Ecotourism Trip:

Interns will be given the opportunity to explore the enchanting natural beauty of Puerto Rico (a great way to take a break from the focused, educational environment!). Expect to relax and swim at beautiful beaches, hike through the tropical forest, and cool down with a swim in the river.



Image: Playa Susia, Cabo Rojo (a common destination for interns)

4) Transportation within Puerto Rico: This includes airport pickup and drop off, transportation to and from the Teaching Center in Las Marias, and transportation for the ecotourism trip and educational field trips.

Safety, Liability, and Emergency Response:

Plenitud is an internationally recognized 501(c)(3) non-profit organization with the experience and credibility required to host large groups of university students and participants for internships and workshops. The safety and well-being of our guests and interns is our primary priority as we strive to make each individual feel at home and comfortable. Internship participants will be accompanied and supervised at all times by our trained staff, both at the Teaching Center as well as on field trips.

The organization possesses operational and vehicle insurance policies (*please ask for evidence of our insurance if required*) with up to \$3 million in liability coverage. Additionally, participants will be transported within Puerto Rico (airport pickup and drop-off, as well as field trips) by a licensed and insured shuttle service. In the case of a medical emergency, students can receive medical attention at the nearest hospital (less than a 15 minute drive from the Teaching Center). Additionally, the municipality has an Emergency Response Center (located less than a 10 minute drive from the Teaching Center) with ambulances and EMTs on call for more severe emergencies.

How to Sign Up:

To learn more about Plenitud and the *Permaculture Immersion Internship* please visit our website www.plenitudpr.org (Note: there is an icon to view the website in English). To apply please submit attached waiver and Participation Form to Intern@PlenitudPR.org. Please include "Permaculture Intensive" in the subject line.

Please Note: All documents can also be found on the website.

You can also send the waiver and Participation Form in the mail to the following address:

PLENITUD PR PO BOX 394 LAS MARIAS, PR 00660

After approval, we will contact you and finalize the registration. The course tuition of \$950 includes a *\$150 nonrefundable registration deposit* to reserve your spot. **Please do not pay before contacting us.**

Registration fee must be received by April 10th to receive a \$50-off early bird registration discount. Please make out checks to Plenitud Iniciativas Ecoeducativas, or pay via PayPal on the website. NOTE: *Please do not pay before contacting us.*

If you have any questions please contact us at:

Intern@PlenitudPR.org

787-806-7094

We're looking forward to joining with you in this educational adventure. Thanks for being part of the solution!

