

## Green Dot Moments of Action – For Students

- Send a mass email to your contact list with a simple message, "This issue is important to me and I believe in the goal of reducing violence."
- Next time you are walking to class with a friend, have one conversation and tell them that ending violence matters to you.
- Put a MiddSafe sticker on your door, computer, or water bottle and talk about why you care about this issue when someone asks what it is
- Make bystander intervention or sexual violence on campus the topic of a paper or speech you have to do for a class.
- Bring a friend to an awareness event.
- Work to ensure organizations you are involved in collaborate with prevention efforts on campus.
- Find out how Art and Activism works to end violence. (google it!)
- If you suspect that a friend is in an abusive relationship, ask them and provide information about available resources
- If you see someone spike another person's drink, stop them and call the Department of Public Safety or 911, distract by spilling the drink, or get someone else to let the person know that their drink is unsafe to consume.
- If you choose to leave an event early, account for the people you came with.
- If you see someone at an event who has had too much to drink, ask them if they need to be walked home so they can go to sleep.
- If you hear what sounds like yelling or fighting in your residence hall, apartment, or the locker room, talk with a residential life staff member, your Commons Dean, a professor, a coach, or someone else who can help.
- If someone needs your help and you don't have the answer, contact your resources and find someone who does.