



Dear FoodWorks Community,

Week of July 15, 2013

How do you define food equity? On Monday July 15th, the interns will focus on “Equity and Diversity,” asking this question, and others. The day will begin with a visit to [Dare to Care Food Bank](#) with **Stan Siegwald**. After, service work for **Valerie Magnuson** at [Louisville Grow's The People's Garden](#). After enjoying lunch with **Tom Grissom**, respected leader in the sustainable agriculture movement, the interns will visit with [Mark Williams](#), executive chef of the Bourbon Street Café at Brown-Forman, making bamboo trellises for the bourbon barrel garden.

The big questions being explored include: What is the definition of “food equity?” What are the populations that suffer from food inequality and how is it manifested? What are the long term consequences and impacts of food inequality?

We are excited to have [Attica Scott](#), District 1 Louisville Metro Councilwoman, speak about “Equity and Diversity” at **7 pm Monday** in room B24 of the Bellarmine Library. Please rsvp to [acurtis@middlebury.edu](mailto:acurtis@middlebury.edu) if interested in attending.

This week's Fifth Day readings include:

- [Fat City](#) by Jenni Laidman. Originally published in Louisville Magazine
- Chapter 7 from [“Rebuilding the FoodShed: How to Create Local, Sustainable, and Secure Food Systems”](#) by Philip Ackerman-Leist.

Videos about projects with the Parkland Community Garden:

- [https://www.youtube.com/watch?feature=player\\_embedded&v=UfZXta30aOc](https://www.youtube.com/watch?feature=player_embedded&v=UfZXta30aOc)
- <https://www.facebook.com/events/576107102413774/>

And, if you'd like to explore further... [Food + Justice = Democracy: LaDonna Redmond at TEDxManhattan 2013](#)  
[TO MARKET: Growing an Economy Around Food](#)

On Monday and Tuesday, the program hosts **Amy McGlashan** who manages FoodWorks from the Education in Action office at Middlebury, and **Sophie Esser**, who manages the FoodWorks Vermont Fifth Day curriculum and Middlebury's organic farm.

**Next week:** The focus is “Education” with visits to Fern Creek High School and Jefferson County Public School's Nutrition Service Center.

## FoodWorks Interns the Focus of Two Local Publications

The Courier-Journal featured the FoodWorks interns' hands-on experiences this past week. [Click here to read the article](#). On the same day, online news source [Insider Louisville](#) shared the good work being done by our interns. [Read it here](#). A follow up article will be written this week.



Left, **Nicole Hoesterey** at Sustainable Agriculture of Louisville. Photo courtesy of the Courier-Journal. **Jen Friedlander**, right, cooking greens at [Food Literacy Project](#).



Each week's FoodWorks Talk involves a thought-provoking blog prompt to which the interns in Louisville and Vermont reflect and respond.

The blog allows the interns at both locations to share meaningful thoughts/experiences about their internships, Fifth Day journeys, FW Talk presentations, as well as how it all relates to their rural vs. urban experiences.

You can read the students' [blog reflections](#) on the [FoodWorks website](#).



A number of interns including **Zac Lounsbury**, (left) enjoyed the music at Forecastle Festival by volunteering time at the [Rooibee Red Tea](#) tent.

[UofL Farm Profiles: Know where your food comes from](#)—University of Louisville intern **Iracema Torres Drew** authored the above titled article that was published in the U of L Today email newsletter.

FoodWorks Louisville attracts talented Middlebury College students to participate in a nine-week competitive paid internship program centered on the local food economy. FoodWorks provides meaningful four-day/week internships, an educational set of high content “Fifth Day” presentations and projects, and personal connections with Middlebury alumni, members of the local food sector, and Greater Louisville community.

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