



Middlebury College  
Center for Careers and Internships

## Early Assurance in a Nutshell for Middlebury Students

Medical School	<a href="#">Albany Medical College</a>	<a href="#">University of Rochester Medical Center</a>
<b>Year of application</b>	Sophomore	Sophomore Application fee \$100
<b>Deadline</b>	June 15	Apply in June (interview in Aug/Sept.)
<b>Committee Letter?</b>	Yes	Yes
<b>Requirements</b>	GPA 3.4 + 2 of 4 Science sequences	GPA 3.5+
<b>Other features</b>	MCAT waived	MCAT waived
<b>Decision</b>	August 1	Sept. 30 of junior year

## Other Early Assurance Programs Available

The following programs are open to all undergraduate students and do not have a special affiliation with Middlebury College:

- [University of Toledo Medstart Program](#)
- [Icahn School of Medicine Flex Med Program at Mt. Sinai](#)
- [University of Florida College of Medicine Medical Honors Program](#)
- [SUNY Upstate Medical University EAP](#)

# Is Early Assurance Right for Me?

Many students inquire about applying to medical school as an early assurance candidate. Early assurance programs offer applicants the assurance of medical school admission after the second year of college and can be a great option for highly qualified students who are fully dedicated to a career in medicine. Your academic performance during your first two years of college is crucial to being admitted and admissions committees look for evidence of your commitment to medicine through your personal statement, supplementary essays, extracurricular activities and letters of recommendation.

Competitive candidates have excelled academically during their first and second years in college and the GPAs of accepted candidates are typically around 3.8. Although the requirements for applying to EAPs differ from school to school, if you are interested in applying to a typical EAP, you will need to complete at least five premedical courses by the end of your sophomore year.

So what are some of the drawbacks to applying after the sophomore year? Applying to an Early Assurance program is a significant time commitment; time that might otherwise be spent on coursework or developing interests outside of the classroom. Some students want to apply to these programs as a way to skip the MCATS and worry less about grades (who wouldn't want to skip the MCATS ?!) but ***lack a clear and compelling reason as to what gaining an early acceptance would allow them to pursue that they might otherwise not be able to do.*** These sorts of applications rarely receive favorable decisions from admissions committees. Additionally, an applicant might want to apply to a number of medical schools in order to evaluate and compare many programs and their financial packages before making a commitment to enroll at a particular medical school.

To summarize, while Early Assurance programs can be great for the right kind of student, applying to an EAP program is a big decision and one that should not be undertaken lightly. If you are thinking about applying to an EAP, please set up an appointment with a Health Professions Advisor to learn more about Middlebury's special opportunities and to share what an early acceptance would allow you to do that you might otherwise not be able to pursue.